



MEZE GRILL

Where Authentic Mediterranean Food Meets Modern Flavor.

NEW TO MEZE GRILL?

Here's how it works:

SELECT.

Pita Sandwich, Rice Platter or Salad

START CREATING.

We'll guide you through the best of the Mediterranean.

ENJOY.

Eat in, or take your creation home.

NOW SERVING
FRESH, CERTIFIED ORGANIC
16oz JUICES & SMOOTHIES

FRESHLY SQUEEZED ORGANIC JUICES:

| | | |
|-------------------------|---|--------|
| FRESH JUICES: | Carrot, Orange, or Apple | \$4.50 |
| C.O.B.A: | Carrot, Orange, Beet & Apple | \$4.75 |
| POTASSIUM BLEND: | Carrot, Celery, Beet, Spinach & Parsley | \$5.00 |
| LEMONADE SLUSH: | Lemon, Orange, Kale, Sugar & Honey | \$6.00 |
| GO GREEN: | Spinach, Kale, Collard Greens, Cucumber, Celery & Parsley | \$6.50 |

ORGANIC SMOOTHIES:

| | | |
|-----------------------------|---|--------|
| MEZE SENSATION: | Banana, Honey, & Coconut water blended w/ a choice of one item: > Strawberry > Mango > Peach > Blueberry > Carrot > Apple > Orange | \$5.50 |
| PROTEIN BLAST: | Strawberry, Mango, Banana, Honey, Soy Milk, & Gary Null Protein | \$5.75 |
| ANTI-OXIDIZE: | Strawberry, Honey, Soy Milk & Spirulina | \$6.00 |
| PEACHES & CREAM: | Peach, Banana, Honey & Soy Milk | \$6.00 |
| EYE OPENER: | Strawberry, Honey, Coconut Water & Maca Powder | \$6.00 |
| MANGO MEMORY: | Mango, Banana, Honey, Coconut Water, Bee Pollen & Ginkgo Biloba | \$6.50 |
| ENERGIZER: | Strawberry, Banana, Honey, Soy Milk, Bee Pollen & Blue Green Algae | \$6.50 |

EXTRA SUPPLEMENTS (ADD \$1 FOR EACH):

| | | |
|---------------------|---------------|--------------------|
| > Veggie Fuel | > Flax Oil | > Blue Green Algae |
| > Bee Pollen | > Acai Berry | > Goji Berries |
| > Gary Null Protein | > Aloe Vera | > Ginkgo Biloba |
| > Spirulina | > Maca Powder | > Emerald Balance |

* Substitute Agave for Honey add \$1

NOW DELIVERING (Minimum order \$10)

Columbus Circle
934 8th Avenue (at 55th Street)
New York, New York 10019
T: 212.969.9782 | F: 212.969.9783 | www.meze.grill.com



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PITA SANDWICH

Freshly-baked white or wheat pita bread served with chicken, steak, braised lamb or falafel, finished off with your choice of toppings and a selection of our authentic sauces

RICE PLATTER

Same contents as the sandwich, except served over rice pilaf or bulgur wheat

SALAD

Freshly chopped romaine lettuce served with chicken, steak, braised lamb or falafel, served with your choice of toppings, finished with one of our four homemade mediterranean salad dressings

WITH

CHICKEN

All-natural chicken, marinated in olive oil, garlic, oregano & sumac, flame broiled & thinly sliced

\$8.04

STEAK

All-natural, premium cuts of beef, seasoned with paprika, cumin & nutmeg, flame broiled & thinly sliced

\$8.50

BRAISED LAMB

All-natural leg of lamb, braised with cinnamon & Bay Leaves, slow-cooked for hours, then gently shredded

\$9.19

FALAFEL

Chickpeas & fava beans combined with parsley, cumin & black pepper, cooked to perfection

\$6.65

MEZETARIAN

Choice of any of our toppings, finishing sauces or salad dressings and one meze side item

\$5.51

TOPPINGS:

| | | |
|---------|-----------------|-------------|
| Lettuce | Cucumbers | Feta Cheese |
| Tomato | Pickles | Jalapenos |
| Onions | Pickled Turnips | Olives |

FINISHED WITH:

| | | |
|---------------------|---------------|----------|
| Tahini Sauce | Garlic Aioli | Tzatziki |
| Mediterranean Salsa | Spicy Harissa | |

SALAD DRESSINGS:

| | |
|--------------|----------------------|
| Hummus Lime | Lemon Garlic |
| Whipped Feta | White Balsamic Olive |

INDIVIDUAL SIDES:

| | | |
|-----------------|---|--------|
| Batata Harra | diced potatoes w/ garlic & cilantro | \$2.53 |
| Hummus | chickpeas, tahini & lemon juice | \$2.98 |
| Spicy Hummus | chickpeas, tahini, & lemon juice, spicy | \$2.98 |
| Baba Ganoush | roasted eggplant, tahini & lemon juice | \$2.98 |
| Tzatziki | yogurt mixed w/ cucumbers & fresh dill | \$2.98 |
| Piaz Bean Salad | white beans, parsley & other veggies | \$3.22 |
| Tabouleh | parsley, bulgur wheat & other veggies | \$3.22 |
| Chips 'n Salsa | pita chips w/our garlic aioli & salsa | \$2.76 |

SOUPS

| | |
|-------------------|--------|
| Crushed Lentil | \$4.13 |
| Chickpea & Tomato | \$4.13 |

* All served with your choice of fresh-baked pita bread or pita chips

DESSERTS

| | |
|--------------|--------|
| Rice Pudding | \$3.22 |
| Baklava | \$2.76 |

DRINKS

| | |
|--------------------------------|-----------------|
| Gold Peak Iced Teas | \$2.76 |
| Snapple Iced Teas | \$2.30 |
| San Pellegrino Sparkling Water | \$2.30 |
| Bottled Water / Soda | \$1.61 / \$1.84 |